



Andrews Institute Sports Medicine Outreach

Pre-Participation Physical Exams for High School Student-Athletes

Guidelines for Parents, Student-Athletes, & Coaches

June 4, 2022

Andrews Institute Sports Medicine Outreach and Baptist Health Care are excited to provide our annual Pre-Participation Physical (PPE) event to our partner high schools. Andrews Institute and Baptist Health Care continue to operate within CDC recommended guidelines to allow our community to receive the health care services they need in a safe environment. Additional safety guidelines and precautions that will be implemented again this year in effort to provide the best and safest event possible.

Please Note: Sick/symptomatic student-athletes, as well as those who in the last fourteen (14) days have tested positive for COVID-19 or been around someone who has, can NOT attend and will NOT be allowed to receive a physical.

Travel Considerations

- Our PPE event will be held at our main Andrews Institute Campus in Gulf Breeze, FL.
- Schools will be allowed to transport students on buses to this year's event, however we continue to recommend physical distancing and the wearing of masks whenever unable to maintain recommended distancing.

Event Guidelines

- We welcome students who participate in FHSAA-sanctioned sports at our partner high schools.
- In compliance with CDC guidelines, Baptist Health Care requires the wearing of masks while on our campuses. All students, staff, and volunteers will be required to wear a face covering. Masks will NOT be provided at the event (any type of face covering that covers nose and mouth will suffice, i.e. bandana, neck gaiter), the collar of the shirt being worn is NOT sufficient.
- We will be adhering to preassigned time slots. Students will only be allowed in line at their assigned time slot. If a student shows up ahead of their time slot they may be instructed to wait in their vehicle until their assigned time. If a student-athlete misses his or her time slot, we cannot guarantee the student-athlete will receive a physical onsite (we will remain mindful of known travel delays due to bridge closures).
- Adults are not required to accompany their student-athlete and may wait in their vehicle to better observe physical distancing guidelines. If necessary, one adult (also wearing a facemask) may proceed through the stations with their student-athlete.
- Students should wear a short sleeve t-shirt so that an accurate blood pressure may be obtained.
- Students who wear glasses or contacts for distance should wear or bring appropriate eyewear for vision screening.
- Parents & coaches should not bring or allow students who are sick or symptomatic to attend physicals.
- Parents & coaches should ensure that all students have a FHSAA EL2 physical form with a COMPLETED history section that is SIGNED by the parent/guardian before bringing them to Andrews. Students who arrive to Andrews without a parent/guardian signature on their form will not be provided a physical.
- There will be NO notary on site.

Upon Arrival to Andrews

- Students will enter at the front entrance of Andrews Research & Education building. A staff member will verify that the student is arriving at his/her assigned time and that he/she has a completed EL2 form including a parent signature.
- Line begins outside. Umbrellas are permitted and recommended in the event of rain while in line.
- Everyone who enters our facility will be screened for COVID-19 history and symptoms and if sick or recently positive confirmed, entry will be denied. Please do not attend if feeling ill or lab-confirmed positive within last two weeks.
- Students should remain in line and avoid touching others as well as avoid touching or leaning against wall, tables, doors, equipment etc.

Upon Completing PPE

- Upon receiving their free t-shirt, students should exit and return to their vehicle. There will be no congregating in the building.
- Sports Medicine Staff will collect physical forms and turn them into the appropriate school by 8:00 AM the following Monday. No copies will be made on site. Parents/guardians are responsible for ensuring all required paperwork is complete and on file at the student's school.

Once again, our team is taking many precautions to ensure safety for our student-athletes, volunteers, and guests. Baptist Health Care continues to implement CDC guidelines as well as state and federal safety requirements. We look forward to serving you on June 4!

Kathleen McGraw, MS, LAT, ATC
Sports Medicine Manager
850.916.8673

Jessica Langston, MS, LAT, ATC
Athletic Trainer Supervisor
850.916.8732